

Library

Articles

[If your god is not God, fire him](#) by Dale S. Ryan

[Spiritual Abuse in Pulpit and Pew](#) by Dale Wolery

[Breaking Free:What I've Learned About Spiritual Abuse](#) by Barbara Milligan

[Criteria for Thought Reform](#)

[Spiritual Abuse: An Interview with Jeff VanVonderen](#)

[When Religion Goes Bad](#) by Dale Ryan and Jeff VanVonderen

[When Religion Goes Bad: 2 -- Religious Addiction](#) by Dale Ryan and Jeff VanVonderen

[When Religious Goes Bad: 3 -- Religious Codependency](#) by Dale Ryan and Jeff VanVonderen

[When You Are Ready to Try Again: Going Back to Church](#) by Jeff VanVonderen

There are some excellent articles on spirituality in the Library of the [National Association for Christian Recovery](#) including the following:

[Spiritual Brokenness in Recovery](#) by Dale Ryan

[Recovery from Distorted Images of God](#) by Juanita Ryan

There are also some helpful resources at [Recovery from Abuse](#)

Bible Studies

Several Bible studies by Dale and Juanita can be purchased in the online [store](#) of the National Association for Christian Recovery including one on *Recovery from Spiritual Abuse* and one entitled *Recovery from Distorted Images of God* .

Video

Several videos on spiritual abuse by Jeff VanVonderen can be found [here](#).

Also consider getting a copy of All God's Children, a painful but very helpful case study of spiritual abuse in the Christian community. You can get a copy [here](#)

Recommended Reading

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Well, frankly, we suggest starting with the stuff in our on-line [Store](#). *The Subtle Power of Spiritual Abuse* is must reading. Secondly, we recommend getting a copy of *Soul Repair: Rebuilding a Spiritual Life* by Jeff VanVonderen, Dale Ryan and Juanita Ryan. You can order it at amazon.com

Here are some other books which we recommend. Most are available through Amazon.com and other online retailers:

Healing Spiritual Abuse : How to Break Free from Bad Church Experiences
by Ken Blue
Paperback - 166 pages (October 1993)
Intervarsity Pr; ISBN: 0830816607

Twisted Scriptures : A Path to Freedom from Abusive Churches
by Mary Alice Chrnalogar, Paul M. Howey (Editor), Stephen D. Martin (Editor)
Paperback - 273 pages 2 edition (February 1997)
Control Techniques Inc; ISBN: 0964958805

More Jesus, Less Religion : Moving from Rules to Relationship
by Stephen Arterburn, Jack Felton
Paperback - 240 pages 1 Ed edition (February 2000)
Waterbrook Pr; ISBN: 1578562503

Healing Spiritual Abuse and Religious Addiction
by Matthew Linn, Sheila Fabricant Linn, Dennis Linn
Paperback (August 1994)
Paulist Press; ISBN: 0809134888

12 'Christian' Beliefs That Can Drive You Crazy : Relief from False Assumptions
by Henry Cloud, John Townsend
Paperback - 249 pages (August 1995)
Zondervan Publishing House; ISBN: 0310494915